

# Study of Non-Newtonian Herschel-Bulkley Model through Stenosed Arteries

Research Article

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**Abstract:** The present paper contains a study of blood flow in arteries from the heart keeping in view the nature of blood flow circulation in human body. Blood has been represented by a non-Newtonian fluid obeying Herschel-Bulkley equation. The usual blood flow in arteries is obstructed by abnormal tissue development on the walls of these vessels, called as stenosis in bio transport system. Integral method has been used to solve the unsteady non linear Navier- Stokes equations in cylindrical coordinates system governing flow assuming axial symmetry under laminar flow condition. The effect of the stenosis geometry is assumed to overshadow any influence of wall distensibility.

**Keywords:** Artery, stenosis, distensibility., laminar flow.

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## 1. Introduction

It is well known that vascular fluid dynamics play an important role in the study of the development and progression of arterial stenosis. It is observed by medical scientists that non-Newtonian character of blood is typical in small arteries and veins where the pressure of the cells induces that specific behaviour. It has been well established that many cardiovascular diseases are closely associated with the flow conditions in the blood vessels. One major type of arterial disease is atherosclerosis in which localized deposits and accumulation of cholesterol and lipid substances, as well as proliferation of connective tissues, cause a partial reduction in the arterial cross-sectional area (stenosis) and a considerable increase in the wall stiffness. Khalilollahi [13] used a thin shell theory for the wall deformation to obtain numerical solution for a physiological flow through a stenosis assuming blood as a Newtonian fluid. It has been established that once a mild stenosis is developed, the resulting flow disorder further influences the development of the disease and arterial deformity and change the regional blood rheology. Hemo-dynamics characteristics of blood flow through arterial stenosis are numerically investigated by Moayeri and Zendehebudi [15]. Study flow through on axisymmetric stenosis has been investigated extensively by Smith [2] using an analytical approach indicating that the flow patterns strongly depend on the geometry of the stenosis and upstream Reynolds Number. Normal blood flow through the artery and there is considerable evidence that hydrodynamic factors can play a significant role in the development and progression of this disease. Mandal [14] considered unsteady analysis of non-Newtonian blood flow through tapered arteries by using finite difference scheme. In most of the studies, the flowing blood is assumed to be Newtonian. Hemorheological studies have three types of non-Newtonian blood properties: Thixotropy, shear thinning and viscoelasticity. Thixotropy, a transient property of blood, is exhibited at low shear rates and has a fairly long time scale.

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This suggests that thixotropy is of secondary importance in physiological blood flow Shukla et al [3, 4] have investigated the flow of blood through stenosed tube and studied the effect of viscous terms and non-Newtonian effects. Morgan and Young [5] have used integral method to study the blood flow in arterial stenosis. Mishra and Kar [6] used momentum integral method for studying the stenosed vessel. It is therefore, appropriate to analyze the role of velocity distribution in blood flow through stenosed arteries with inertial effects. In this present paper the radius (R) of geometry of stenosis have been taken from reference [11]. The model justifies as function is of exponential decay  $R = R_o - \frac{\delta}{2} \exp. \left( \frac{-16}{D_o^2} z^2 \right)$  and the results have been compared with Chaturani and Ponnalagar Samy [16] and Young [12] and shown graphically also.

## 2. Governing Equations

The equations that govern flow under the assumed conditions are the continuity equation and the Navier-Stokes equations. Consider axisymmetric steady, laminar flow of blood flow through stenosed artery. Thus, the governing equations in dimensionless form are as follows [Chaturani and Samy. (1985)]

The continuity equation can be written as

$$\frac{\partial u}{\partial z} + \frac{\partial v}{\partial r} + \frac{v}{r} = 0 \quad (1)$$

Similarly, the Navier – Stokes Equations are

$$u \frac{\partial u}{\partial z} + V \frac{\partial u}{\partial r} = - \frac{\partial p}{\partial z} + \frac{2}{Re} \left[ \frac{\partial^2 u}{\partial r^2} + \frac{1}{r} \frac{\partial u}{\partial r} + \frac{\partial^2 u}{\partial z^2} \right] \quad (2)$$

In the axial direction

$$V \frac{\partial v}{\partial r} + u \frac{\partial v}{\partial z} = - \frac{\partial p}{\partial r} + \frac{2}{Re} \left[ \frac{\partial^2 v}{\partial r^2} + \frac{1}{r} \frac{\partial v}{\partial r} - \frac{v}{r^2} + \frac{\partial^2 v}{\partial z^2} \right] \quad (3)$$

Where r and z are the radial and axial coordinate with z-axis and u and v are the axial and radial components of velocity, p is pressure and Re is Reynolds Number.

## 3. Boundary Conditions

Five velocity - profile constraints can be established for axisymmetric tube are

- (i)  $u = U$  at  $r = 0$
- (ii)  $u = 0$  at  $r = R$
- (iii)  $\frac{\partial u}{\partial r} = 0$  at  $r = 0$
- (iv)  $\frac{\partial^3 u}{\partial r^3} = 0$  at  $r = 0$
- (v)  $\int_0^R r u dr = \frac{1}{2}$

The first of these is the centre line velocity, second is the no-slip condition at the wall. The third is derived from a consideration of the forces on a cylindrical element having its axis along the tube centre line. If the pressure and the inertial forces are to be finite as the radius of element approaches zero, the viscous force, which is proportional to  $\frac{\partial u}{\partial r}$ , must approach zero. The four constraints can be obtained by eliminating the pressure between equations (2) and (3). The fifth constraint arises from the condition that the net flow through any cross section must be the same for any incompressible fluid.

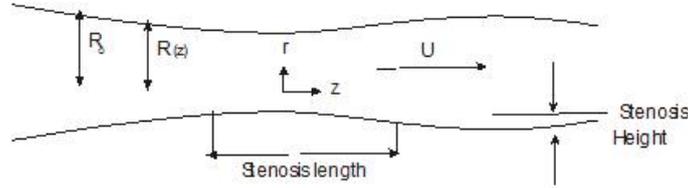
## 4. Formulation of the Problem

To make the problem more manageable experimentally and mathematically, steady flow is assumed. Assuming the axial viscous component of the normal stress negligible and

$$\int_0^R r \frac{\partial p}{\partial z} dr \cong R^2 \int_0^R ru \frac{\partial p}{\partial z} dr \quad (4)$$

Where  $R = R_0 - \frac{\delta}{2} \exp. \left( \frac{-16}{D_0^2} z^2 \right)$  and  $D_0 = 2R_0$ . Based on assumptions (1) and (3) integral momentum and energy equations can be combined to yield a single equation in term of the axial velocity:

$$\frac{1}{2} R^2 \frac{\partial}{\partial z} \int_0^R r u^3 dr - \frac{\partial}{\partial z} \int_0^R r u^2 dr = - \frac{2}{\text{Re}} \left[ R^2 \int_0^R r \left( \frac{\partial u}{\partial r} \right)^2 dr + R \left( \frac{\partial u}{\partial z} \right)_r \right] \quad (5)$$



**Figure 1. Geometry of arterial stenosis**

Figure 1 Illustrates the stenosis geometry together with cylindrical polar- coordinate system used to describe the problem. Where  $U$  is centre line velocity and the local radius of the axisymmetric tube is  $R(z)$  and  $R_0$  is the radius of the unconstructed sections upstream and downstream of the stenosis. The assumed dimensionless polynomial velocity profile, which satisfy the boundary conditions (iii) and (iv),we get

$$\frac{u}{U} = A + B \left( \frac{r}{R} \right)^m + C \left( \frac{r}{R} \right)^l \quad (6)$$

Where  $R = R_0 - \frac{\delta}{2} \exp. \left( \frac{-16}{D_0^2} z^2 \right)$ . And  $D_0 = 2R_0$ ,  $m = \frac{n+1}{n}$ ,  $l = \frac{n+3}{n}$ . Now, using boundary conditions (i), (ii) and (v), we get

$$u = R^{-2} \left[ S + \frac{3(3n+1)(n+1) - S(3(n+1)^2 + 4n)}{4n} \left( \frac{r}{R} \right)^m - \frac{3m}{4} ((3n+1) - S(n+1)) \left( \frac{r}{R} \right)^l \right] \quad (7)$$

Where  $S = R^2 U$ . For  $n = 1$  and  $R^2 U = 2$  in equation (7) a parabolic profile is obtained. Now the blunted (i.e profile is not sharp) can be expressed as,

$$u = \begin{cases} U, & 0 \leq \frac{r}{R} \leq \lambda \\ a + b \left( \frac{r}{R} \right)^m + c \left( \frac{r}{R} \right)^l, & \lambda < \frac{r}{R} \leq 1 \end{cases} \quad (8)$$

The coefficients  $a$ ,  $b$  and  $c$  are evaluated from the no-slip condition along with two compatibility conditions,  $u = U$  and  $\frac{\partial u}{\partial r} = 0$  at  $\frac{r}{R} = \lambda$  then Equation (8) becomes

$$u = \begin{cases} U, & 0 \leq \frac{r}{R} \leq \lambda \\ \frac{U}{\phi} \left( 1 + k \cdot \lambda^{2/n} \left( \frac{r}{R} \right)^m - 1 \right) - \left( \frac{r}{R} \right)^l, & \lambda < \frac{r}{R} \leq 1 \end{cases} \quad (9)$$

Where

$$R = R_0 - \frac{\delta}{2} \exp. \left( \frac{-16}{D_0^2} z^2 \right)$$

$$D_0 = 2 R_0$$

$$\phi = \left( 1 - K. \lambda^{2/n} + \frac{2}{n+1} \lambda^K \right), K = \frac{n+3}{n+1}$$

and  $\lambda^{2/3} = \frac{(3n+1)(n+1)}{(3n+1)(n+3) - 3(n+1)^2} \left( \frac{3}{S.K} - 1 \right)$ . There remains now only the tedious, but straight-forward task of substituting the assumed profile into equation (5), we get

$$U' = \left[ -R^{-3} R' [W. (S)^3 - 2L (S)^2 - D.S - 2(Y-G)] - \frac{2\eta}{Re} \right] \left( \frac{3W}{2} (S)^2 - (2L - I).S + \frac{D}{2} - 1 \right)^{-1} \quad (10)$$

Where  $R^2 U \geq \frac{3}{k}$

$$\eta = R^{-2} \left[ \frac{3(3n+1)(n+1)(n-3)(n-1)}{16n^3(n+2)} + \frac{9n^4 + 20n^3 + 30n^2 + 26n + 7}{16n^3(n+2)} ((S)^2 - 2S) \right]$$

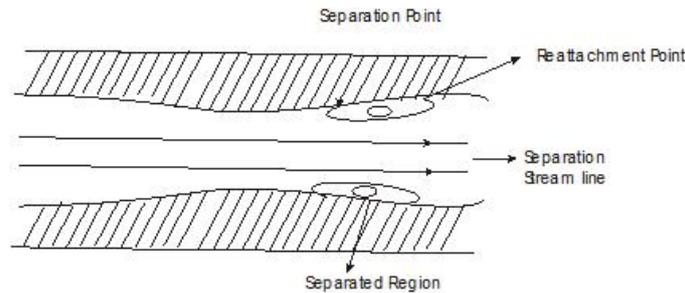
From the centre line velocity  $U$ , obtained from equation (10) the desired flow characteristics can be calculated. The velocity profiles are obtained directly from substituting  $U$  into equation (7) and (9). The average pressure gradient is found numerically,

$$\left( \frac{\partial p}{\partial z} \right)_{av} = \frac{\int_0^R r \left( \frac{\partial p}{\partial z} \right) dr}{\int_0^R r dr} = 2 R^{-2} \int_0^R r \frac{\partial p}{\partial z} dr \quad (11)$$

Now, numerical integration of equation (11) gives the axial pressure distribution. The wall shear stress can be expressed as,

$$\tau_w = \frac{R^{-3}}{8n^2} [m(3m-2).S - 3m(3n+1)/n] \left[ 1 + 1(R')^2 \right], S \geq \frac{3}{K} \quad (12)$$

Along the wall shear  $\tau_w = 0$  flow separation and reattachment will occur as shown in Figure 2. with localized regions of



**Figure 2.** Separation in an axisymmetric stenosis

recirculating flow. Wall shear stress is negative, indicating back flow and separated region is clearly delineated. Since there is no flow into the separated region, continuity requires that

$$\int_0^{r_s} r u dr = \frac{1}{2} \quad (13)$$

where  $r_s$  is radial coordinate of the separated stream line. From equation (7) and (13) to obtain implicit, expression for the separation stream line

$$R^2 U = \frac{1 - \left( \frac{r_s}{R} \right)^2 \left[ \frac{3(n+1)}{2} \left( \frac{r_s}{R} \right)^m \frac{3n+1}{2} \left( \frac{r_s}{R} \right)^l \right]}{\left( \frac{r_s}{R} \right)^2 \left[ 1 - \frac{3(n+1)^2 + 4n}{2(3n+1)} \left( \frac{r_s}{R} \right)^m + \frac{n+1}{2} \left( \frac{r_s}{R} \right)^l \right]} \quad (14)$$

## 5. Experiments

The particular stenosis geometry used was selected from Young (1968) and given by the expressions

$$R(z) = 1 - \frac{\delta}{2} \left( 1 + \cos \frac{\pi z}{z_0} \right), \quad |z| \leq z_0 \quad (15)$$

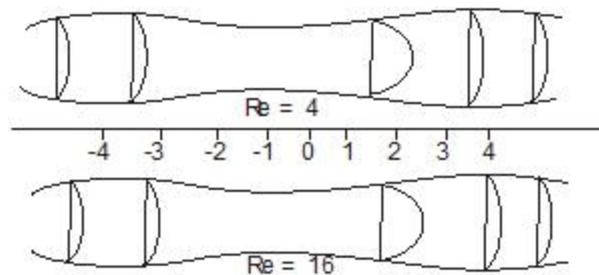
where  $\delta$  = stenosis height,  $z_0$  = stenosis length.

Three model stenosis, with geometries defined by equation (15), but with different values of  $\delta$  and  $z_0$  were obtained for the experimental test (Table I)

Model Number	$R_0$ (in)	$z_0$	$\delta$	Percent Stenosis
M -1	.37	4	1/3	59
M -2	.37	4	2/3	85
M -3	.37	4	2/3	85

**Table 1.** Geometric parameters of the Model Stenosis

Model M-1 represents a relatively mild stenosis with 59 percent severity of constriction and total length of  $8 R_0$ . Model M-2 has the same length but is more severe with an 85 percent constriction. Model M-3 was designed to have same severity as M-2 with an 85 percent constriction.



**Figure 3.** Velocity for Model M-2 at  $Re = 4$  and  $16$

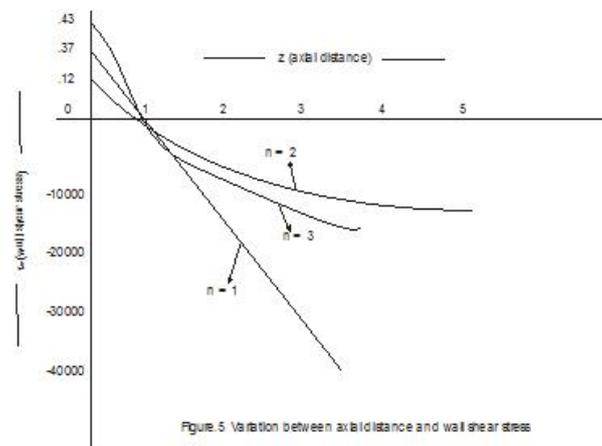
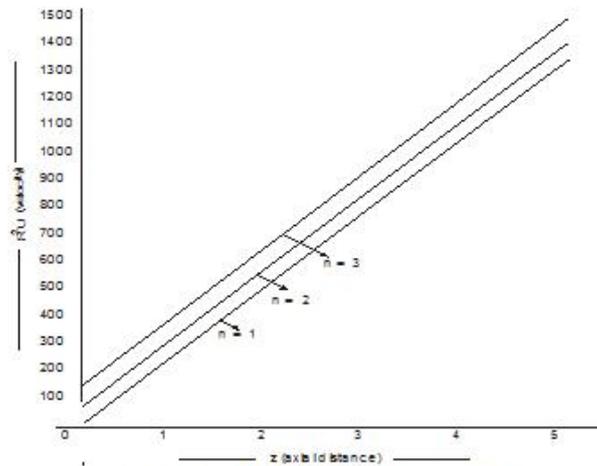
## 6. Results and Discussion

A theoretical velocity profile is shown in Figure 3, for M-2 at Reynolds Number 4 and 16 the profile remain nearly parabolic throughout the constriction at the lower Reynolds Number. Since for M-2 it was determined that separation first occurs when  $Re = 16$  the profiles downstream from the throat for this Reynolds Number show some departure from the parabolic form, but only a slight flattening can be detected upstream. The theory is fairly well for M-2 and M-3, but there is a large discrepancy between the predicted critical Reynolds Numbers for initial separation and experimental value of M-1. From Figure 4, it is observed that as the axial distance increases the velocity ( $R^2U$ ) also increases in a large scale for different values of parameters ( $n$ ). From Figure 5, it may be noted that for the axial distance ( $z = 0$ ), the wall shear stress is positive and there is no back flow. But as the axial distance increases then the wall shear stress increases and back flow develops for different values of parameter ( $n$ ). So the nature of velocity distribution is very harmful to vessel walls.

## 7. Conclusion

Blood flow in stenosed arteries has been studied in present analysis. The results are quite encouraging and are in quantitative agreement with theoretical and experimental results of Chaturani, Ponnalagar Samy (1985) and Young (1974). We have

observed that the velocity field is highly dependent on the flow wave form, particularly downstream from the stenosis. It is worth noticing that the wall shear stress oscillates between positive and negative values, the arterial wall is therefore submitted to opposite force which could lead to lesions on the elastic characteristics of the wall, with the possibility of aneurism development in the post-stenotic zone. Results of this study agree well with published results regarding variations in shear stress with the amount of stenosis, length of stenosis and Reynolds Number. The model presented in this study provides reasonably accurate values of wall shear stress in stenosis using minimal time and resources and may be of use to clinical researchers for initial estimates of wall shear stress.



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